



PAVEE POINT
TRAVELLER AND ROMA CENTRE

Pavee Point Traveller & Roma Centre

01 8780255

www.paveepoint.ie

Pavee Point's Violence against Women Programme

Pavee Point's Violence against Women Programme (VAW Programme) aims to reduce gender-based violence in the Traveller and Roma communities and increase access to services and supports by working with Traveller organisations, policy makers and service providers. We work to build the capacity of local Traveller groups and organisations to address domestic and sexual violence at the community level. We also support best practice in services through the provision of training and guidelines.

The VAW Programme works to ensure that the needs and issues of Traveller and Roma women are included in policy and service development through our continued participation on national and regional committees on gender-based violence.

For further information please contact the VAW Programme team at **01 8780255** / vaw@pavee.ie

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The National Office for the Prevention of Domestic, Sexual and Gender-based Violence
An Oifig Náisiúnta um Fhoróigeán Bailte, Gnéisach agus Inscrébhunaithe a Chosc



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Does someone close
to you make you feel
**SCARED OR
AFRAID?**



DO YOU FEEL SCARED OF **SOMEONE YOU LOVE?**

Everyone argues but if this is part of everyday life and if you feel frightened or bullied by your partner, then this is a sign of domestic violence.

If any of these warning signs affect you, you may be suffering from domestic violence.



Controlling where you're going and who you're going to



Making sly remarks on what you're wearing



Constantly running you down in front of your people and family



Controlling the money



Blaming you for everything



Being told what you can or can't buy



Plaguing you with texts or voice messages



Giving you hidden thumps or pinches



Shouting, roaring and making threats



Forcing you to have sex when you don't want to

Light at the end of the tunnel

A true story

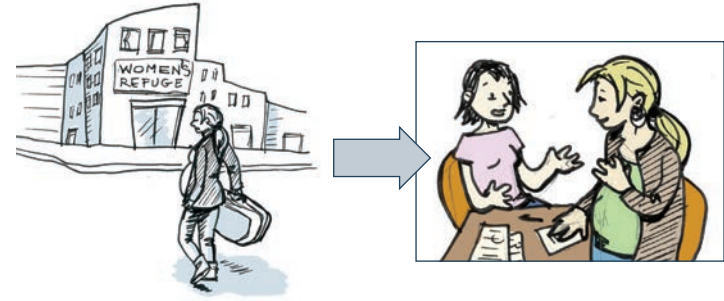
My sister was a victim of domestic violence. She got married at a young age and everything was grand for the first few weeks. But her husband then brought her away from her family to a different town. He isolated her basically.



He started abusing her mentally and physically. She put up with an awful lot of grief from him. If she got dressed up and she had something nice on her, he'd say that it wasn't nice on her. He broke her confidence. Also financially when she'd get her dole every week he'd take most of the money off her and could leave her with maybe 20 or 30 euro to keep herself going.



My sister was terrified. She was pregnant then and the abuse got worse. If he was going to beat her she'd shield her stomach where he would go to attack her.



There was one attack that she knew was dangerous for herself and for her baby so she knew she had to get out. It made her realise that she couldn't live in these circumstances anymore for herself and for her child's sake. She went to a refuge and she got help from a support worker. They helped her to get a barring order against him and also custody of her child.

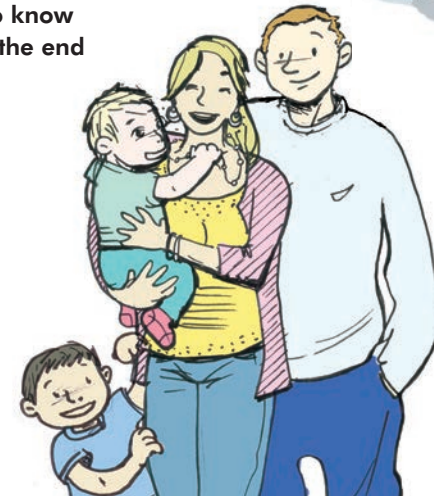
When she went to the court she was terrified and everything, but she was strong. She had four or five sessions of counselling and that did help her. She feels there is support in the services for Traveller women and for women that's in domestic violence.



There is no need to be putting up with this life in this day and age, and the help is there. She said time is a healer and my sister since has moved on and she is in a new relationship. She has a family and now she's in education as well.



She wants everyone to know that there is a light at the end of the tunnel.



Domestic violence can include different forms and different behaviours. Control and power by the abuser are at the heart of it all.



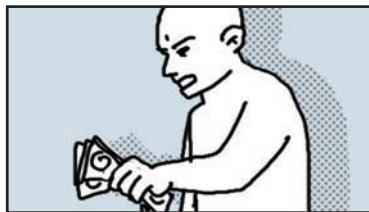
DOMESTIC VIOLENCE CAN BE:



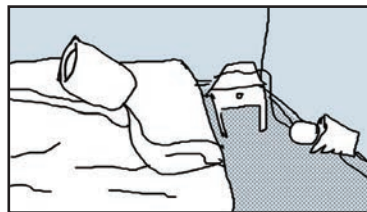
Physical abuse



Emotional and mental abuse



Financial abuse



Sexual abuse

DOMESTIC VIOLENCE IS A CRIME.

You can get help and support from services, the Gardaí and the courts.

HELPING YOU KEEP SAFE

If you think you are affected by domestic violence:

- Talk to someone – family, friend or cousin
- Keep important phone numbers close to you – numbers of a refuge, local Gardaí station, taxi and a person you can trust
- Get help from a service – a refuge, local domestic violence service, the Gardaí, Women's Aid or a Rape Crisis Centre
- Plan how to get to a safe place if you need to leave



SERVICES WHICH CAN HELP YOU

- Your local refuge provides emergency accommodation, outreach and information.

Your local domestic violence service provides a helpline, face to face support and court accompaniment.

Ring Women's Aid FREE Helpline **1800 341 900** or look up **www.safeireland.ie** for a list of refuges and local domestic violence services.



- Women's Aid provides a free and confidential helpline, face to face support and information, and court accompaniment.

Women's Aid National Freephone Helpline: **1800 341 900** (10.00am - 10.00pm 7 days a week except Christmas Day) **www.womensaid.ie**



- Dublin Rape Crisis Centre provides a free national helpline, support, counselling and help in reporting rape or sexual assault to the Gardaí.

- Dublin Rape Crisis Centre National Freephone Helpline: **1800 778 888** (24 hour) **www.drcc.ie**



- Rape Crisis Centres around the country provide helplines, support, counselling and help in reporting rape and sexual assault to the Gardaí.

To find out information on your local rape crisis centre: **www.rcni.ie**

