

Who can I contact?

- Your GP/Doctor
- Your Nurse/Public Health Nurse (PHN)
- Your Local Primary Health Care Traveller Project/Traveller Community Health Care Worker
- Your local Palliative Care Team

Where can I get more information on palliative care?

AIIHPC – All Ireland Institute of Hospice and Palliative Care:

W: aiihpc.org

W: thepalliativehub.com

HSE information:

W: hse.ie



AIIHPC

All Ireland Institute of
Hospice and Palliative Care



PAVEE POINT
TRAVELLER AND ROMA CENTRE



Palliative care for Travellers

Support for you and your family.

Palliative care is not just
for your final days.



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What is palliative care?

The aim of palliative medicine and symptom management is to improve quality of life during illness.

Palliative care helps people with a serious illness to feel as well as possible.

It can help with:

- Pain
- Feeling tired or breathless
- Worries about the future
- Support for you and your family

How it can help you & your family

- Keeping you comfortable
- Helping you stay at home where possible
- Support for your family
- Help with decisions
- Respect for your traditions

Faith & spirituality

Many people find strength in faith and prayer.

Palliative care respects your religious beliefs.

You can ask for:

- Your priest to visit
- Time and space for prayer
- Your family to stay close

Support in many ways and places:

- General palliative care: Provided by doctors and GPs, nurses and care teams at home or in the community.
- Early palliative care: Offered alongside other treatments, in hospital or community settings.
- Specialist palliative care: For more serious needs, at home, in hospital, hospice or specialist units.
- Symptom and comfort care: Manages pain and other symptoms wherever care is given.
- Emotional and family support: Available in all settings.
- End of life care: Focuses on comfort and dignity, in a place where the person feels supported.

When should I ask about palliative care?

- Palliative care can be provided at any stage of an illness.
- Feeling pain or discomfort
- Feeling worried
- Finding daily life harder
- Wanting to stay comfortable at home
- Wanting support for your family